



# St Augustine of Canterbury Catholic Primary School

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Dear Parents/Carers,

As you know from my newsletters; next week is Anti-Bullying Week. The theme for this year's Anti-Bullying Week is 'Change Starts with Us'.

Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying.

Anti-Bullying is an important part of our curriculum throughout the year. Anti-Bullying week participation highlights the important issues even more with our children by joining in a National campaign. We will discuss how we could make our school and online world a safer and happier place for everyone. Together, we will think about whether small changes can make a big difference when it comes to bullying.

On Tuesday 12<sup>th</sup> November we would like to join the Anti-Bullying Alliance in holding an Odd Socks Day for Anti-Bullying Week. Odd Socks Day is designed to be fun! It's an opportunity for children to express themselves and appreciate individuality and uniqueness!

There is no pressure on the children to wear the latest fashion or for parents or carers to buy new socks. All they have to do to take part is wear odd socks to school with their normal uniform on the 12<sup>th</sup> November to help raise awareness for Anti-Bullying Week, the children do not need to bring in a donation to take part.

This week, the School Council reviewed our 'Child Speak' Anti-Bullying Policy to enable each class to share it together next week.

Friday 15<sup>th</sup> November is Children in Need Day; the school council have decided that all of the children are invited to wear any kind of non-uniform they like to school in exchange for a donation in support of Children in Need; this may be fancy dress, sportswear, pyjamas or whatever the children wish to wear (sensible shoes please).

It will be a very busy week where the children focus on their well-being, friendships and remember Change Starts with Us.

Thank you for your continued support,

Yours sincerely

Mrs L Prestidge  
Headteacher and Designated Safeguarding Lead

