



# St Augustine of Canterbury Catholic Primary School

Headteacher:  
Mrs L Prestidge  
Tel: 01634 371892  
Email: [office@staugustine.medway.sch.uk](mailto:office@staugustine.medway.sch.uk)

Deanwood Drive  
Rainham  
Kent  
ME8 9NP

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Dear Parents and Carers,

Welcome to Term 4. The lovely warmer weather and sun shine has been very welcome this week; long may it continue.

As you know, the children will return to school on the 8<sup>th</sup> March. We are very much looking forward to seeing all of the children back and are continuing our preparations for their return. I will write to parents and carers again next week to confirm timing for staggered drop off and collection and systems of control.

## Well-being

As always, the safety and well-being of our children and staff is at the centre of everything we do. We are aware that some families may be anxious about returning to school. If this is the case, I ask that you contact me as soon as possible through the office email at [office@staugustine.medway.sch.uk](mailto:office@staugustine.medway.sch.uk) to enable us to offer support. All families will receive a well-being survey to complete (via Parentmail) to help us prepare for our re-opening on the 8<sup>th</sup> March. We would be grateful if you could complete the survey to help us plan support for your child.

I have also attached a useful 'Top Tips For Returning To School' document which has been produced by Medway Educational Psychologist Service. This has some useful ideas to support the return to school preparations for children and families.

## Support for children and parents

Online resources to help you support your child with mental health and wellbeing, including:

- [MindEd](#) - a free educational resource on children and young people's mental health
- [Every Mind Matters](#) - an online tool and email journey to support everyone in taking action to look after their mental health and wellbeing
- [Bereavement UK](#) and the [Childhood Bereavement Network](#) - information and resources to support bereaved pupils, schools and staff

PHE's [advice and guidance for parents and professionals on supporting children and young people's mental health and wellbeing](#) includes key actions you can take to support your child. It also emphasises the importance of children continuing to remain fit and active and, wherever possible, having the recommended 60 minutes of daily physical activity. Youth Sport Trust and [Sport England](#) have advice and support on helping children and young people stay physically active.



## Updated guidance for keeping children safe online

The Government have updated their guidance for [parents and carers to keep children safe online](#).

This guidance contains resources for parents and carers to help keep their children safe online.

## Parent and Carer Contact Details

It is very important that your contact details (and emergency contact details) are up to date on our records. Thank you to the families who have been in touch to amend details within the last few weeks; if your details have changed please email the [office@staugustine.medway.sch.uk](mailto:office@staugustine.medway.sch.uk) as soon as possible as it is imperative that we are able to contact you without delay. Please note that we do not have the facility to amend your details on Parentmail; this must be updated by the account holder. Please do check that your details are up to date on Parentmail to ensure that you receive all communication.

## School Dinners

Please book lunches on Parentmail for the week beginning 8<sup>th</sup> March to allow the Catering teams to make all necessary arrangements, even if your child is in the infants and receives Universal Free School Meals.

## Church Car Park

The church park will be closed on Tuesday 9<sup>th</sup> and Friday 12<sup>th</sup> March, please find safe, considerate alternative parking.

## Book of Excellence

We are so proud of our wonderful children! The following children are in the Book of Excellence this week. Their names also appear within the Friday Celebration Assembly presentation along with the names of children who have celebrated a birthday this week.

Well done all of you!	
Year R	Ivy and Kayden
Year 1	Niamh and Callum
Year 2	Lara and Iris
Year 3	Finlay and Gabija
Year 4	Seth and Gabriele
Year 5	Caitlin and Theo
Year 6	Kai and Samuel.W

We are now in the season of Lent; a very special time in the Church calendar. A time of preparation, prayer and charity. Today is Cafod 'Lent Fast Day'; later in Term 4 we will be fundraising as part of our Lenten Alms giving in support of Cafod.

Thank you for your continued support.

Yours sincerely

Mrs L Prestidge  
Headteacher and Designated Safeguarding Lead