



St Augustine of Canterbury Catholic Primary School

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Dear parents and carers,

We are writing to let you know that St Augustine of Canterbury Catholic School is taking part in #HelloYellow on 10 October 2023 for World Mental Health Day.

We can all struggle with how we're feeling, but sometimes things get tough and it can be difficult to cope. For so many young people, when this happens, they don't get the help they need, when they need it. But together, we can change this.

That's why we've signed up to take part in #HelloYellow. By taking part and wearing yellow, we're showing young people that we're with them. We're showing them that they matter and deserve the support they need, when they need it, no matter what.

We'll be joining thousands of other schools by wearing yellow to stand out and show up for young people's mental health, and raise vital funds for YoungMinds.

To take part, students can wear yellow to school on 10 October, and we ask parents and carers to consider making a donation to YoungMinds through ParentMail.

Together, we can create a brighter future for children and young people.

If you have any questions about the day, please just let us know.

Kind regards
Mrs L Prestidge
Headteacher and Designated Safeguarding Lead

YOUR #HELLOYELLOW DAY

SAVE THE DATE

10 OCTOBER 2023